



Term 1 2023

Group Timetable

Skills For Life

Ages
11-14

Thursdays
Weekly
10 weeks
3:30pm
@ FLOW

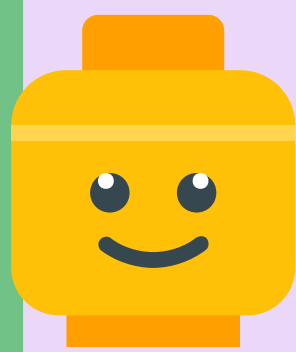


This skills-based class teaches key coping tools in a fun and engaging way, whilst providing opportunity for connection with peers and clinicians. This program is a great foundation for the work done in 1:1 sessions and is a valuable investment for those on our waiting list.

LEGO CLUB

Ages
7-9

Fridays
Weekly
8 weeks
3:30pm
@ FLOW



This small group program uses LEGO making as a vehicle to teach Flexible Thinking, Perspective Taking, Problem Solving, and 'Emotional Regulation, whilst fostering children's social skills in a safe and supportive environment.

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Next Steps

Contact our friendly admin team on 7200 4181 to discuss prices, rebates and to secure a spot for your child. We can't wait to meet you!



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