

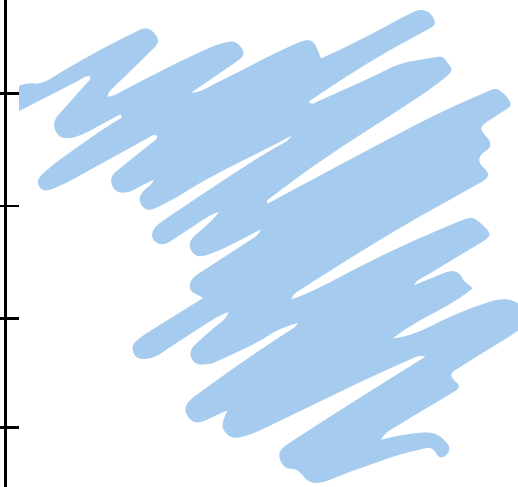
Mood Tracker

How did you feel today?

Month:					
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
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26					
27					
28					
29					
30					
31					



joyful
happy, silly
content
great



sad, lonely,
insecure
depressed
numb



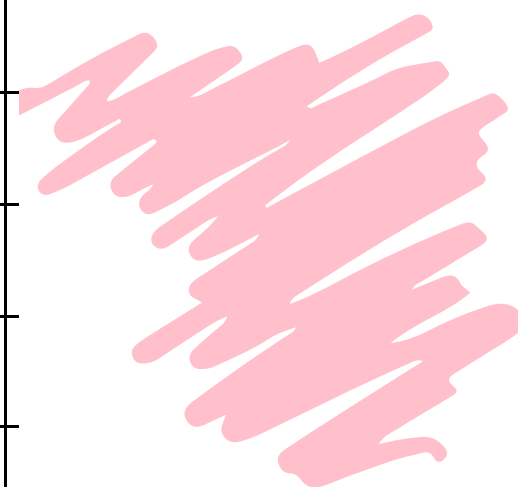
productive
energetic
motivated
active



average
normal
chill
good



angry
anxious
frustrated
annoyed



tired
lazy
bored
dull

